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**Review Article.....!!!**

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## **NOVEL TARGETS FOR DIABETIC NEPHROPATHY**

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### **ABSTRACT**

Diabetic nephropathy (DN) is the leading cause of end-stage renal disease. In addition to the renin pathway, certain bioactive molecules are involved in its pathogenesis. Strategies to interrupt pathophysiological pathways are on the horizon. Protein kinase C over expression is blocked by ruboxistaurin. Pentoxifylline and m-TOR inhibitors are anti-inflammatory agents in the pathogenesis of diabetic nephropathy. Inhibitors of advanced glycation, oxidative stress have proved useful in animal models of diabetic nephropathy. Avosentan, an endothelin antagonist, decreases urinary albumin. Such targeted therapies have opened up avenues for researchers to develop agents that can halt and may even reverse the progression of diabetic nephropathy.

## INTRODUCTION

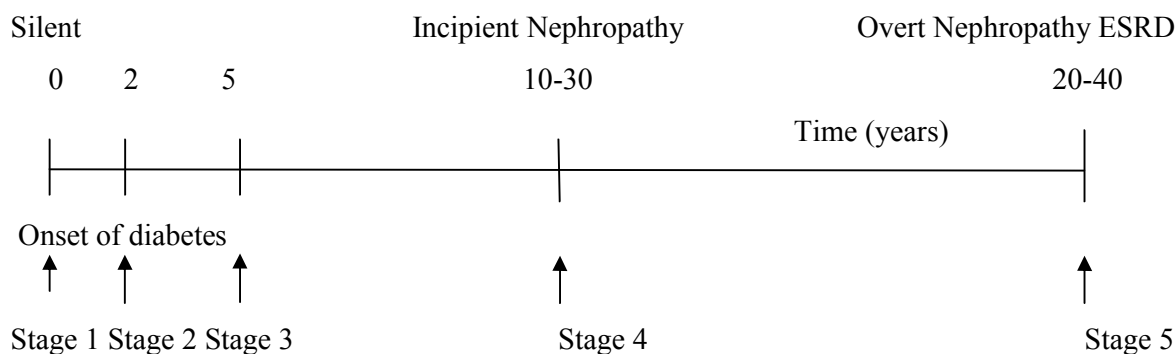
Diabetes has become the most common single cause of end-stage renal disease (ESRD) in the country like India. Diabetes and obesity are the two things which are interlinked with each other; Diabetes is mainly characterized by hyperglycemia, polyuria, polydipsia and polyphasia. Diabetes is rapidly increasing prevalence, resulting in the profound socioeconomic effects in both developed and under developed countries <sup>[1-2]</sup> Diabetes is becoming an important chronic disease in India. In 2010, 45.5 million individuals had diabetes. By 2020, the number of prevalent diabetes cases will increase to 69.7 million.<sup>[3]</sup> Diabetes has number of complications such as Diabetic Gastropathy, Diabetic cardiomyopathy, Diabetic foot ulcer, Diabetic encephalopathy, Diabetic retinopathy, Diabetic neuropathy and Diabetic nephropathy etc.

## DIABETIC NEPHROPATHY

Diabetic nephropathy is also known as Kimmelstiel Wilson syndrome and it was discovered in 1936 by Clifford Wilson and Paul Kimmelstiel. It has been reported that among 4837 patients with chronic renal failure seen over a period of 10 years, the prevalence of DN was 30.3% followed by chronic interstitial nephritis (23.0%) and chronic glomerulo nephritis (17.7%).<sup>[4]</sup> Diabetic Nephropathy (DN) is a microvascular complication affecting patients with both type 1 and type 2 diabetes. It has become a leading cause of End stage renal disease (ESRD). Diabetic nephropathy is mainly characterized by structural abnormalities such as:-

1) Hypertrophy of both glomerular and tubular elements. 2) Increase in the thickness of the Glomerular Basement Membrane (GBM) 3) Progressive accumulation of extracellular components. 4) Increase in GFR, Intra glomerular B.P, Subsequent proteinuria 5) Eventual loss of renal function. Diabetic nephropathy is a spectrum of progressive renal lesions secondary to diabetes mellitus ranging from renal hyperfiltration to end stage kidney disease. A diabetic nephropathy consists of few stages from hyperfiltration to renal disease as stated below,

Hyperfiltration



**Figure 1.** Natural history of diabetic nephropathy

## **STAGES OF DIABETIC NEPHROPATHY<sup>[5]</sup>**

- ❖ Stage 1 (hyperfiltration) Glomerular hypertension and hyperfiltration, Normal albuminuria: urinary albumin excretion rate (AER) <20 µg/min, Raised GFR, normal serum creatinine.
- ❖ Stage 2 (Silent phase) Normoalbuminuria Structural changes on biopsy but no clinical manifestations. Basement membrane thickening and mesangial expansion.
- ❖ Stage 3 (incipient phase) Microalbuminuria: AER 20 – 200 µg/min, Normal serum creatinine, there may be increased blood pressure.
- ❖ Stage 4 (overt nephropathy) Overt “dipstick positive” proteinuria (macroalbuminuria) AER > 200 µg/min, Hypertension, Increase in serum creatinine with progression of Nephropathy.
- ❖ Stage 5 (End stage renal failure) GFR has fallen to <10 ml/min , renal replacement therapy (i.e., haemodialysis, peritoneal dialysis, kidney transplantation) is needed.

## **CELLULAR AND MOLECULAR MECHANISMS IMPORTANT IN THE DEVELOPMENT OF NEPHROPATHY**

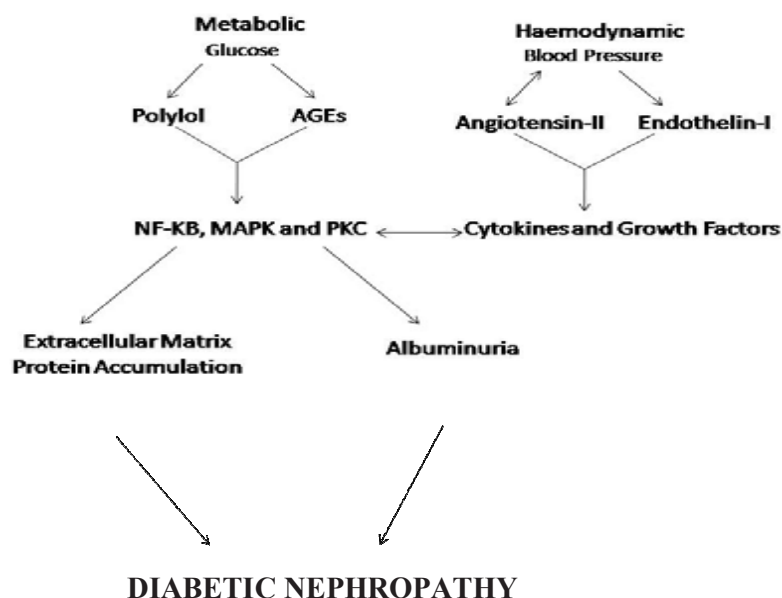
Diabetic nephropathy occurs as a result of an interaction between hemodynamic and metabolic factors. Hemodynamic factors that contribute to the development of diabetic nephropathy include increased systemic pressure, activation of vasoactive hormone pathways including the renin angiotensin system and endothelin. Glucose dependent pathways are also activated within the diabetic kidney and result in enhanced oxidative stress, renal polyol formation.<sup>[6]</sup>

### **HEMODYNAMIC PATHWAYS**

The hemodynamic pathways activate intracellular second messengers such as protein kinase C (PKC), Mitogen-activated protein(MAP kinase), nuclear transcription factors such as NF-kB and various growth factors such as the prosclerotic cytokine, TGF-β and the permeability enhancing growth factor, vascular endothelial growth factor, VEGF. Any alteration in these cytokinines may leads to diabetic nephropathy.

### **METABOLIC PATHWAY**

The glucose dependent pathway is also termed as metabolic pathway, The high glucose concentration in chronic diabetes mellitus induces oxidative stress by generating Reactive oxygen species (ROS) ROS through an activation of number of enzymatic and non-enzymatic sources in the body. The major sources of ROS in diabetes include polyol pathway, advanced glycation and uncoupling of NADPH oxidases. By understanding the pathomechanism of DN. It has helped in designing a rational approach for optimal therapy and prevention of DN.



**Figure 2.** Interaction of hemodynamic and metabolic pathway, cytokines and intracellular signaling molecules mediating diabetic nephropathy

### TARGET AND TREATMENT OPTIONS <sup>[7]</sup>

Based on its pathogenesis, the initial treatment of DN should be strict control of hyperglycemia, hypertension, dyslipidemia, proteinuria, and obesity and cessation of smoking. The beneficial role of thiazolidinediones (TZDs), 3-hydroxy-3-methylglutaryl coenzyme A (HMGCoA) reductase inhibitors, angiotensin-converting enzyme inhibitors (ACEIs), and angiotensin receptor blockers (ARBs) in DN is already established. Over the past few years our understanding of the complexity of the pathogenesis of DN has grown as new mechanisms, components, and regulatory steps have been identified. Also, the potential of targeted therapies has been explored, resulting in many novel drugs for the treatment and prevention of DN.

### NOVEL TARGETS: CYTOKININS

✚ PROTEIN KINASE C (PKc) Protein kinase c is a family of serine-threonine kinase that are multifunctional isoenzymes acting as an intracellular signal transduction system for many hormones. There are 11 known isoenzymes that are classified in to following groups <sup>[8]</sup>

**Group A:** - Conventional (cPKCs) Ca<sup>2+</sup>-dependent  $\alpha$ ,  $\beta$ 1,  $\beta$ 2 and  $\gamma$

(Activated by phosphatidylserine (PS) and secondary messenger DAG)

**Group B:** - Novel (nPKCs) Ca<sup>2+</sup>-independent  $\delta$ ,  $\epsilon$ ,  $\eta$  and  $\theta$  etc

(Activated by phosphatidylserine (PS) and secondary messenger DAG)

**Group C:** - Atypical (aPKCs) Ca<sup>2+</sup>-Independent  $\zeta$  and  $\lambda$  <sup>[9-10]</sup>

In diabetes mellitus, PKC can be activated by several mechanisms, including increased DAG levels by de novo synthesis or inhibition of DAG kinase. PKC  $\alpha$ ,  $\beta$ 1,  $\beta$ 2 and  $\gamma$  were observed in cultured mesangial cells and glomeruli. In certain studies all of these isoforms have been activated by high glucose level or by diabetes mellitus in mesangial cells<sup>[11]</sup> Hyperglycemia either directly or indirectly leads to activation of the protein kinase c pathway which ultimately causes activation of both  $\beta$  and  $\delta$  isoforms and causes release of fibrotic factors such as CTGF, TGF-  $\beta$  and vaso- active substances such as Angiotensin, endothelin – 1 and ultimately leads to albuminuria which is initial symptom of nephropathy depicted as below.

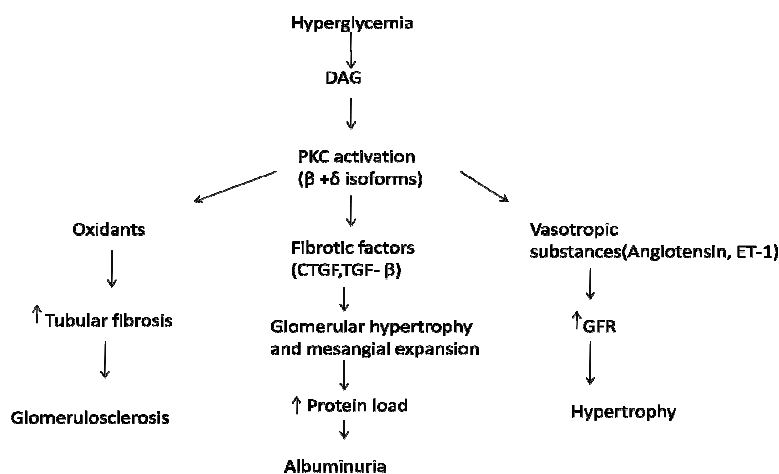


Figure:3 Protein Kinase C Pathway and Renal Disease

Among all PKC isoforms, PKC-  $\beta$  isoforms may be the most sensitive to change in the DAG level. In diabetic rats, chronic hyperglycemia predominantly activates PKC-  $\beta$ 2 isoform in the glomeruli, aortas, retina and heart.<sup>[12]</sup>

**Ruboxistaurin (RBX)** Ruboxistaurin, an orally active selective inhibitor of the  $\beta$ -isoform of PKC, reduces the actions of vascular endothelial growth factor (VEGF) and attenuates the progression of diabetic retinopathy. Animal studies have shown it to normalize glomerular hyperfiltration and reduce TGF- $\beta$  levels and proteinuria. Excess matrix, hypertrophy, and apoptosis are features of DN, and ruboxistaurin has been shown to attenuate histological injury, functional decline, and expression of the profibrotic and proapoptotic growth factor TGF- $\beta$ .

A specific PKC-  $\beta$  isoforms inhibitor, has been shown to ameliorate many functional and structural features of experimental diabetes.<sup>[13-14]</sup> RBX inhibits PKC  $\beta$ 1 and  $\beta$ 2 at nanomolecule concentrations and shows greater affinity for PKC isoforms as compared to other isoforms. RBX inhibited PKC activity, arachidonic acid release and PGE<sub>2</sub> production and normalized Na<sup>+</sup>-K<sup>+</sup>-ATPase activity.<sup>[15]</sup>

## ✚ TRANSFORMING GROWTH FACTOR-BETA (TGF-B)

The TGF-  $\beta$  superfamily encompasses three isoforms, TGF-  $\beta$  1,  $\beta$  2, and  $\beta$  3, each encoded by a distinct gene, and all expressed in the kidney. In normal rats TGF-  $\beta$  1 mRNA was detected in glomeruli and all segments of renal tubules, predominantly in distal tubules<sup>[16]</sup> TGF-  $\beta$  1 is known to be involved in renal fibrogenesis, which potentially leads to diabetic nephropathy.<sup>[17]</sup> The TGF-  $\beta$  1 membrane receptor complex, consists of two families of proteins with serine–threonine kinase activity, namely TGF-  $\beta$  RII and TGF-  $\beta$  RI. TGF-  $\beta$  1 activates its receptors through a combination of two pathways. In the first pathway, TGF-  $\beta$  1 combines with TGF-  $\beta$  RIII and then transfers to TGF-  $\beta$  RII. In the second pathway, TGF-  $\beta$  1 combines directly with TGF-  $\beta$  RII. The two pathways ultimately lead to phosphorylation of TGF-  $\beta$  RII after its activation to a (TGF-  $\beta$  1)–(TGF-  $\beta$  RII) complex. The complex recruits and phosphorylates TGF-  $\beta$  RI after which phosphorylated TGF-  $\beta$  RI continues to phosphorylate its downstream functional proteins, Smad2, Smad3 etc. Phosphorylation of Smad2 and Smad3 leads to their translocation into the nucleus and subsequently to tissue fibrosis.<sup>[18-19]</sup> TGF-  $\beta$  RII plays a key role during phosphorylation and activation of TGF-  $\beta$  RI receptors and small mothers against decapentaplegic (Smads) Smad transcriptional regulators. In the absence of TGF-  $\beta$  RII, TGF-  $\beta$  has no affinity for TGF-  $\beta$  RI. Therefore, inhibiting the phosphorylation of TGF-  $\beta$  1 and its receptors is one way to prevent renal fibrosis.

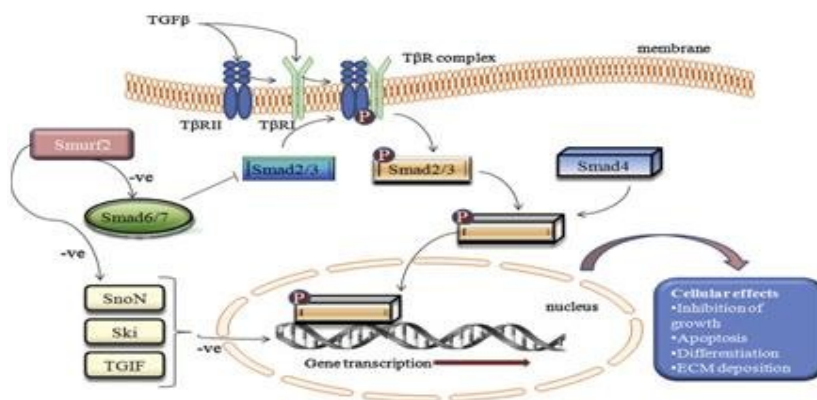


Figure 4. Schematic depicting TGF- $\beta$ 1 signalling.

TGF- $\beta$  binds to its type II serine/threonine kinase receptor and instigates autophosphorylation permitting the recruitment of the type I receptor. This interaction forms an activated heteromeric complex and facilitates phosphorylation of the receptor-regulated Smad2/3 small mothers against decapentaplegic (SMADs), promoting interaction with common Smad4. The active Smad2/3/4 complex translocates to the nucleus where it regulates the transcription of TGF- $\beta$ 1

target genes. TGF- $\beta$ 1 signalling is stringently regulated, and depends on both inhibitory Smads6/7 and transcriptional co-repressors that include SnoN, Ski, TGIF that help modify net cellular effects. Various approaches have been proposed either to block TGF- $\beta$  receptor or TGF- $\beta$  anti-body as summarized as below.

**1) Nicousamide**, a potent inhibitor of phosphorylation by TGF- $\beta$  receptor II <sup>[20]</sup>

Renal fibrogenesis is related to the development of diabetic nephropathy. TGF- $\beta$  receptor II (TGF- $\beta$  RII) plays a vital role during renal fibrogenesis by phosphorylation and activation of type I receptors and downstream regulators. Nicousamide is a class of drug, which can inhibit renal fibrosis in animal models of diabetic nephropathy.

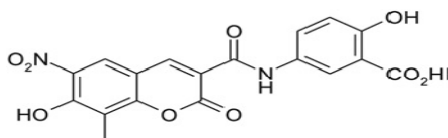


Figure 5. Chemical structure of nicousamide (C<sub>18</sub>H<sub>12</sub>N<sub>2</sub>O<sub>9</sub> · H<sub>2</sub>O).

Studies in rat models of 5/6 nephrectomy and streptozotocin (STZ) induced diabetic nephropathy have shown that nicousamide can alleviate renal failure and reduce glomerulosclerosis and interstitial fibrosis by inhibiting renin and phosphorylation of TGF- $\beta$  RII. In this respect it is better than benazepril and equipotent with losartan.

## 2) Decorin

Decorin belongs to the family of small leucine-rich proteoglycans (SLRPs). It is overexpressed in diabetic kidneys and has been suggested to act as a protective factor. <sup>[22]</sup> Decorin is capable of forming complexes with all three isoforms of TGF- $\beta$ , leading to inhibition and/or sequestration of this cytokine within the extracellular matrix. <sup>[23]</sup>

## 3) Antibody TGF- $\beta$ therapy

Diabetic nephropathy can be targeted by antibody TGF- $\beta$  therapy. Early administration of pan-anti-TGF- $\beta$  antibody to mice with streptozotocin-induced diabetes prevented glomerular enlargement and suppressed expression of genes encoding extracellular matrix components. <sup>[24]</sup> Antibody therapy almost completely prevented and sometimes even reversed the established lesions of diabetes and preserved renal function in db/db mice. <sup>[25]</sup>

## PLASMINOGEN ACTIVATOR INHIBITOR-1

Plasminogen activator inhibitor-1 (PAI-1) prevents conversion of tissue plasminogen activator and urokinase plasminogen activator (uPA) to plasminogen. <sup>[26]</sup> Plasmin, the active form of plasminogen, is a broad-spectrum protease that degrades fibrin clots and extracellular matrix (ECM) proteins. In diabetic nephropathy, accumulation of ECM proteins in the mesangium



leads to glomerulosclerosis, the hallmark of diabetic nephropathy. In normal human kidney, PAI-1 levels are undetectable, but in diabetes, PAI-1 expression is up-regulated in renal glomeruli and arteries.<sup>[27]</sup> Several experimental and clinical studies support the role for PAI-1 in the renal fibrogenic process that occurs in chronic glomerulonephritis, DN etc. Inhibition of PAI-I activity or of PAI-I synthesis by specific antibodies, peptidic antagonists, antisense oligonucleotides, or decoy oligonucleotides has been obtained in vitro, but needs to be evaluated in vivo regarding the prevention or treatment of renal fibrosis.<sup>[28,29]</sup> Disruption of the PAI-I gene protects mice against DN. Some novel, orally active, small molecule substances— TM-5001, TM-5007, TM-5275—were identified. In vitro, inhibited PAI-I activity and formation of a PAI-I–tissue plasminogen activator (t-PA) complex, and they enhanced fibrinolysis.<sup>[30, 31]</sup>

### m-TOR INHIBITON

A serine/threonine kinase, mTOR plays a pivotal role in mediating cell size, mass, proliferation, and survival. mTOR has also emerged as an important modulator of several forms of renal disease. Renal enlargement due to the hypertrophy of existing glomerular cells.<sup>[32]</sup> A number of studies have shown that activation of mTOR plays a pivotal role in physiologic and pathologic forms of hypertrophy in the kidney and other organs, including the renal hypertrophy characteristic of DN. Hyperglycemia stimulates Mtor, mTOR is activated within the kidney in DN. Hyperglycemia activates PI3K and Akt and inhibits AMPK. The activation of Akt and inhibition of AMPK lead to activation of mTORC1. Activation of mTORC1 contributes to the renal changes characteristic of DN, including glomerular hypertrophy, glomerular basement membrane (GBM) thickening, and the accumulation of mesangial matrix.<sup>[33]</sup>

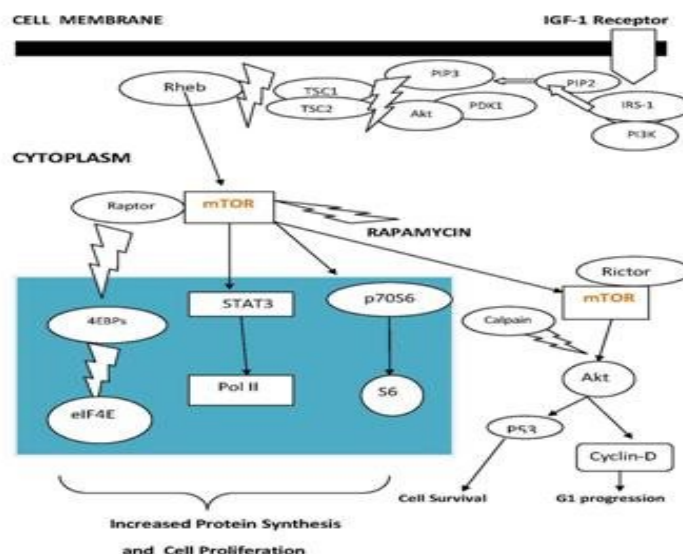


Figure 6. Hyperglycemia, mTOR activation and action of rapamycin.




Intracellular effects of Rapamycin through mammalian target of rapamycin pathway (mTOR). mTOR-Raptor complex is sensitive to Rapamycin however mTOR-Rictor complex is resistant to effects of Rapamycin. eukaryotic initiation factor 4E/IGF-1; Insulin-like growth factor 1, PI3K; Phosphatidylinositol 3 kinase, PDK1; Phosphatidylinositol-dependent-kinase-1, Akt; protein kinase B, TSC1,2; Tuberosclerosis complex 1,2 Rheb; Ras homolog- enriched in brain act as Ras-related small GTPase Raptor; Rapamycin-sensitive adaptor protein, eIF4E; eukaryotic initiation factor 4E, 4EBP; eukaryotic initiation factor 4E binding protein, Pol II; polymerase II.

### **Sirolimus**

Sirolimus (Rapamycin, RapamuneR) is a macrolide, product of the fermentation of an actinomycete, *Streptomyces hygroscopicus*, isolated (1975) from a soil sample in Rapa Nui (Easter Island), having a structure similar to tacrolimus (TaC) and to macrolide antibiotics.<sup>[34]</sup> The potential therapeutic role of mTOR inhibition in patients with autosomal dominant polycystic kidney diseases is being evaluated in clinical trials.<sup>[35]</sup>

### **VASOACTIVE SUBSTANCES**

 **ENDOTHELIN – 1** Endothelin-1 (ET-1) is a potent vasoconstrictor peptide produced by vascular endothelium from big ET-1 via specific cleavage by endothelium converting enzyme (ECE). ET-1 produces its actions by acting on endothelin ETA and ETB receptors.<sup>[35, 36]</sup> ETB receptors on endothelial cells mediate vasodilation through the production of nitric oxide and prostacyclins.<sup>[37]</sup> ET-1 is involved in the pathogenesis of cardiovascular disorders such as hypertension and heart failure including diabetic nephropathy. It was shown that diabetes-induced elevated level of renal ET-1 may induce glomerular hyperperfusion and damage.<sup>[37]</sup> It has been documented that ET-1 activates a variety of signalling systems to induce contraction, hypertrophy in mesangial cells. ET-1 is also a potent proinflammatory and profibrotic mediator.

#### **1) Darusentan (LU135252)**

It has indeed been shown that prolonged application of the endothelin A (ETA) receptor antagonist darusentan (LU135252) was able to prevent the progression of diabetic nephropathy and to improve endothelium-dependent relaxation in mesenteric microvessels.<sup>[39, 40, 41]</sup>

#### **2) Bosentan**

It has been observed that bosentan also completely prevented the development of hypertension and renal vasoconstriction, and largely prevented the development of proteinuria and renal structural injury in wistar rats.<sup>[42]</sup>

### 3) Avosentan

Avosentan significantly decreased albuminuria in clinical study and found to be effective in the reduction of microalbuminuria. Avosentan is a nonpeptidergic, once-daily, orally available endothelin-A (ETA) antagonist that is currently in clinical development for the treatment of DN. Endothelin antagonists have shown anti-inflammatory effects in experimental studies. [43, 44]

### UROTENSIN

Human urotensin-II (U-II) is a cyclic peptide of 11 amino acids, with a molecular weight of ~1,388. U-II has been identified as an endogenous ligand for G-protein coupled receptor 14 (GPR14), which is now known as UT receptor [45]. Both U-II and UT receptor are expressed in different tissues, including the cardiovascular, brain, kidney, atherosclerotic plaques in the coronary and carotid arteries, and abdominal aortic aneurysms. [46] U-II is the most potent vasoconstrictor identified to date, with a potency 1–2 order of magnitude greater than that of endothelin-1 (ET-1), and U-II has been shown to play an important role in the pathogenesis of pulmonary artery hypertension and remodeling. The main sources of circulating U-II are thought to be the heart, liver, kidney, vascular endothelium, and lymphocytes [47, 48].

Urotensin II (UII) is initially isolated from the caudal neurosecretory system of teleost fish. Plasma concentrations of UII are elevated in patients with hypertension, congestive heart failure, chronic renal failure and diabetes mellitus. UT is expressed in glomerular arterioles, thin ascending limbs, and inner medullary collecting ducts. High-affinity binding of human 125IUII has been reported in the human kidney. [49]

### Palosuran

A selective UT receptor antagonist, palosuran (ACT-058362; Actelion Pharmaceuticals Ltd., Allschwil, Switzerland) was found to be effective in diabetes. Preliminary data from a series of three clinical proof-of-concept studies of palosuran in diabetic nephropathy patients do not suggest a major efficacy, at the doses used, the duration of treatment applied, for the patients examined. [50,51]

### VASOPRESSIN

Vasopressin plays an important role in the cardiovascular and renal diseases. It is previously known as anti-diuretic hormone. It is secreted from posterior pituitary lobe when osmolarity increases. [52] Its renal effects are mediated through the  $V_{1a}$ -receptor localized in the mesangial cells, efferent arterioles, vasa recta and medullary interstitial cells, which induce an increase in glomerular filtration rate and the  $V_2$  receptors localized in collecting duct which prevents water and sodium loss. [53] By acting through these  $V_{1a}$ -receptors vasopressin causes vaso constriction,

proliferation and hypertrophy of mesangial cells leading to decrease in the filtration rate and ultra-filtration coefficient. Therefore various approaches have been made to block or antagonize V<sub>1a</sub>- receptors as mentioned below.

### 1) OPC 21268

It is recently developed an orally non-peptidic AVP V<sub>1</sub> antagonist. It causes a decrease in urinary albumin excretion due partly to decrease the intraglomerular pressure. This molecule is under clinical trials and results regarding their effects on patients is still awaited. <sup>[54]</sup>

### 2) YM 218

The V<sub>1a</sub>-receptor antagonist, YM218, protects against the early progression of renal injury caused by a reduction in nephron number. Where as its effectiveness seems limited in established renal damage caused by deteriorating function of previously healthy nephrons. <sup>[55, 56]</sup>

## VASOPEPTIDASE INHIBITORS

Vasopeptidase inhibitors simultaneously inhibit the enzymes angiotensin-converting enzyme (ACE) and neutral endopeptidase (NEP).<sup>[57]</sup> Neutral endopeptidase (NEP) is cell membrane associated zinc metalloprotease, NEP is the major enzyme responsible for the degradation of the natriuretic peptides, and its inhibition leads to increases in the levels of these vasorelaxant, diuretic and natriuretic peptides. It is particularly abundant in membranes of brush border epithelial cells of intestine and kidney.<sup>[58]</sup> While ACE inhibition prevents the formation of the vasoconstrictor, anti-natriuretic and trophic hormone angiotensin II. Part of the pharmacological action of ACE inhibitors is based on inhibition of bradykinin degradation, leading to increased stimulation of the bradykinin B<sub>2</sub> receptor. As bradykinin is degraded by both ACE and neutral endopeptidase, simultaneous inhibition of both enzymes by the novel vasopeptidase inhibitors is supposed to increase renal bradykinin concentrations and protect the diabetic kidney even more effectively than selective ACE inhibition alone. However, the relative role of bradykinin in the therapeutic action of vasopeptidase inhibitors in diabetic nephropathy has not been investigated so far. Recent data indicate that indeed, vasopeptidase inhibitors possibly related to their greater potency in increasing tissue bradykinin concentrations. <sup>[59, 60]</sup>

### 1) Omapatrilat

The vasopeptidase inhibitor omapatrilat has shown superior nephroprotection over selective ACE inhibition in nondiabetic nephropathy.<sup>[61]</sup> Omapatrilat is a vasopeptidase inhibitor that causes significant inhibition of tissue ACE and NEP, Both the degree and site of tissue enzyme inhibition by omapatrilat may be relevant to effects on various substrates, as well as to end-organ protection and side-effect profiles.<sup>[62]</sup>

## 2) AVE7688

AVE7688 prevents nephropathy in the Zucker diabetic fatty (ZDF) rat, a type II diabetes animal model, when treatment is started early and reduces proteinuria when diabetes and nephropathy are established, chronic vasopeptidase inhibition with AVE7688 reduces albuminuria and morphological kidney damage in rats with established diabetes and nephropathy.<sup>[63,64]</sup>

## OXIDATIVE STRESS

High glucose concentration in chronic diabetes mellitus induces oxidative stress by generating ROS through an activation of number of enzymatic and non-enzymatic sources in the body. The major sources of ROS in diabetes include polyol pathway, uncoupling of NADPH oxidases.<sup>[65]</sup>

### ✚ NADPH OXIDASE PATHWAY [NADPH oxidase inhibitors]

In diabetes, NADPH oxidase is a major source of generation of ROS. NADPH oxidase is located in plasma membrane of various renal cell types, including mesangial and proximal tubular cells, vascular smooth muscle cells, endothelial cells and fibroblasts.

Due to activation of NADPH oxidase enzyme, it generates superoxides known as reactive free radicals.<sup>[66]</sup> The NADPH oxidase complex comprises several isoforms, now designated as the nox family, particularly nox4 isoform, a 578-amino acid protein and a major source of ROS in the renal milieu and thus NADPH oxidase dependent overproduction of ROS play a key role in promoting hyperglycemia-induced oxidative stress.<sup>[67]</sup> The NADPH oxidase increase oxidative stress and finally results in development of diabetic nephropathy in rats. Thus, NADPH oxidase may be one of potential target deserving further investigation in the development of drug in the treatment of diabetic nephropathy.<sup>[68]</sup>

### EX. 1) Apocynin <sup>[69]</sup>

Apocynin attenuated diabetes-associated increases in albuminuria. Finally, renal extracellular matrix accumulation of fibronectin and collagen IV was decreased by apocynin.

### ✚ Polyol pathway [Aldose reductase inhibitors]

In cell, unused glucose in the cytosol is diverted to the polyol pathway, which involves two enzymatic reactions: the first is the reduction of glucose to Sorbitol by the action of aldose reductase, and the second oxidation of sorbitol to fructose by the action of Sorbitol dehydrogenase. Reduction of glucose to sorbitol uses NADPH and oxidation of sorbitol increases NADPH with a resultant rapid change in the cytoplasmic redox state and enhanced production of ROS. Hence, polyol pathway is considered as a major source of ROS generation in the pathogenesis of diabetic nephropathy. A number of studies have shown a decrease in urinary albumin excretion in animals administered aldose reductase inhibitors.

**EX. 1) Epalrestat** <sup>[70]</sup>

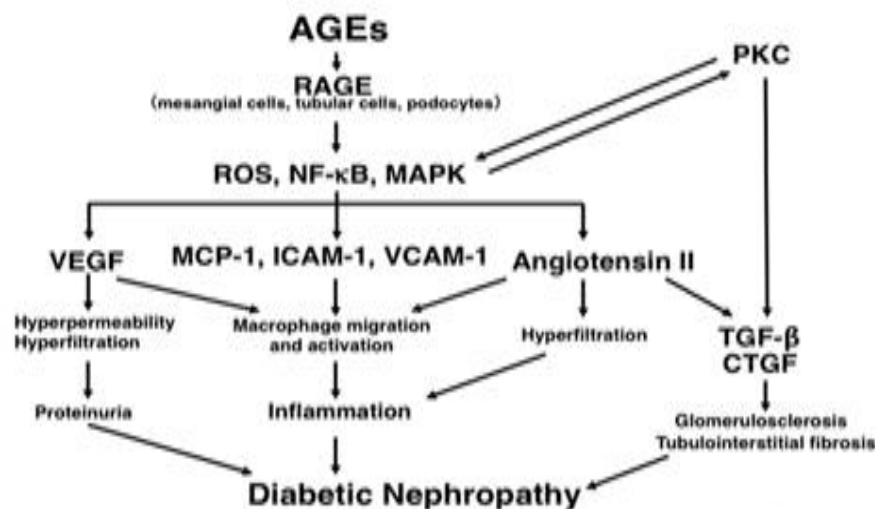
Epalrestat (Ono Pharmaceutical, Co. Ltd., Osaka, Japan) is one of the carboxylic acid derivatives which inhibit aldose reductase, an enzyme of the sorbitol (polyol) pathway. Epalrestat, prevents the progression of diabetic nephropathy in rats.

**2) Zopolrestat** <sup>[71]</sup>

Zopolrestat restored the hyporesponsiveness of diabetic rats to antigen provocation, in parallel with impairment of alloxan-induced mast cell depletion and hypercortisolism, indicating that polyol pathway activity seems to play an important role in diabetes induced nephropathy.

### 🚦 ADVANCED GLYCATION END PRODUCTS (AGE) INHIBITORS

Advanced glycation end products (AGEs) are diverse group of molecules and are well known heterogenous compounds formed non-enzymatically through an interaction of reducing sugar with free amino group of proteins, lipids and nucleic acids. Reducing sugars can react non-enzymatically with the amino groups of proteins to form reversible Schiff bases. These early glycation products undergo further complex reactions such as rearrangement, dehydration and condensation to become irreversibly cross-linked, heterogeneous fluorescent derivatives termed AGEs. The AGE9 receptor has been recently described. Its activation by the AGE has been shown to play an important part in the pathogenesis of DN and other nephropathies .



**Figure 7.**Pathophysiological role of the AGE-RAGE axis in diabetic nephropathy

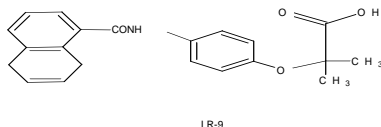
AGE's are mainly the component of interest of which receptor for AGE is mainly targeted for nephropathy as summarized below.

EX.

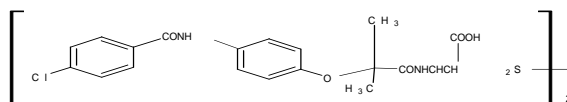
A: pyridoxamine [72] pyridoxamine (PM), and aminoguanidine protects against renal structural lesions, proteinuria and renal function loss in experimental diabetes.

B: Novel AGE-Inhibitors

1) LR-9, 4-(2-naphthylcarboxamido) phenoxyisobutyric acid



2) LR-20, L-bis-4[-(4-chlorobenzamidophenoxyisobutyryl) cystine



C: Novel AGE-Breakers

I. LR-20, L-bis-4[-(4-chlorobenzamidophenoxyisobutyryl)cystine

II. LR-23,4-(3,5-dichlorophenylureido)-phenoxyisobutyryl-l-amidocyclohexane-1-carboxylic acid

III. LR-99, 4-[(3,5-dichlorophenylureidophenoxyisobutyryl]-4-aminobenzoic acid]

IV. LR-102, 1,4-benzene-bis [4-methyleneaminophenoxyisobutyric acid].

V. SMR-5, 5-aminosalicylic acid (5-ASA)

VI. SMR-12, dimethylbiguanide (metformin)

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